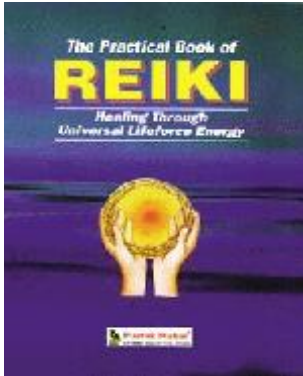




## The Practical Book Of Reiki



**Author:** Rashmi Sharma & Maharaj Krishan Sharma

**Format:** Paperback

**ISBN:** 812230110X

**Code:** 9935F

**Pages:** 168

**Price:** Rs. 120.00 US\$ 5.00

**Publisher:** Pustak Mahal

Usually ships within 15 days

Healing universal life-force energy!

That is REIKI- a marvellous discovery of Dr. Mikao Usui. A Japanese alternative science of healing, whose history is recurrent in the ancient Atharva Veda. This book is for the seeker of a useful treatise on healing and self- transformation with the principles of REIKI, which is one of the foremost effective methods, that is in practice, the world over.

The highlights of the book include:

- \*Learn, how colours relate to the organs of your body
- \*Find balance and harmony in the mind and spirit
- \*Remove the energy blocks and negative thoughts from which mental and physical illness are generated.

### About Pustakmahal Publishers

**Pustak Mahal** publishes an extensive range of books that are both affordable and high-quality.