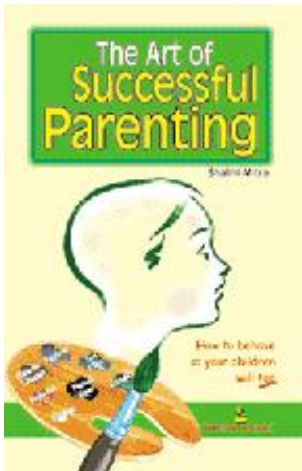




## The Art Of Successful Parenting



**Author:** Shalini Mitra  
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Well-behaved children are the result of good parenting. So, for children to turn out well-adjusted personalities, parents too need training just as professionals do. Training results in confidence-building, and help the children lead wholesome lives.

This book contains ideas, strategies and techniques to correct your behavior of your children, but first you must have a close study of your own behavior pattern and interaction with your child and improve them. There are times when we disapprove of their behaviour, and it makes us feel unhappy. Knowing how to react to such misbehavior is important. The book will help you in prevention of behavioral problems through right thinking and planning. In short this will tell you how to behave, so that your children too follow your rules of good behaviour.

Some typical rules and results discussed in the book are:

How to...

- \*Be Consistent, Plan, Deal, Motivate.
- \*Develop healthy self-esteem.
- \*Resolve conflicts between siblings.
- \*Teach responsibilities.
- \*Solve home-work hassles.
- \*Punishment and encouragement.

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