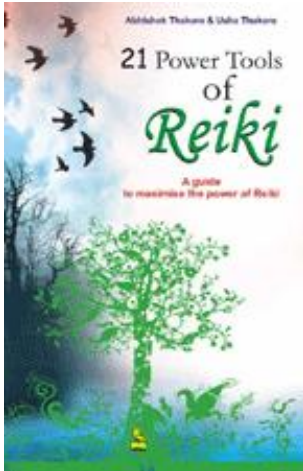




21 Power Tools Of Reiki



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Are you suffering from ailments your doctor has no satisfactory remedy for?

Why not try Reiki?

If channelized properly, Reiki can be used for some very specific purposes with astonishing results.

Through the 21 power tools, this book teaches you just how, in a step-by-step manner.

The outcome of five years' research, this book is a collection of different methods and tools that make Reiki most effective by concentrating on the flow of energy.

The book outlines these tools that you could use for every occasion.

Highlights:

- *Tools for every occasion
- *How to use Reiki for specific purposes
- *The benefits of awareness and detachment
- *Relaxation and distress through specific forms of meditation and the power of affirmations and the Reiki Prayer
- *Maintain health and vitality through Tibetan exercises
- *The benefits of salt water bath and aura cleansing...and much much more

About the authors:

Abhishek Thakore is involved with the New Age revolution as a writer, speaker and trainer.

He writes for Education Times, JAM and Life Positive. He has learnt the Art of Living, Transcendental Meditation, Reiki, Karuna Reiki, Mer-ka-ba Meditation, Vipassana, NLP and other New-age therapies.



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He is also the author of the bestseller *The Portrait of a Super Student* and *31 Days to a New You*, both published by Pustak Mahal.

Usha Thakore is a Reiki Grandmaster from the Usui School. She also teaches Karuna Reiki and Mer-ka-ba Meditation, and is a practitioner of NLP, Silva Method, Pranic Healing, Feng Shui, Pendulum Dowsing, Art of Living and Vipassana.

She also conducts workshops on healthy eating, effective parenting and effectiveness for housewives.

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