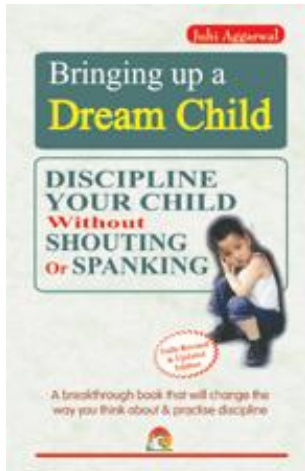




## Bringing Up A Dream Child



**Author:** Juhi Aggarwal  
**Format:** Paperback  
**ISBN:** 9788178060354  
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There are no difficult children - there are difficult parents.

According to psychologists it is the parents who are largely responsible for how their children ultimately turn out to be.

Likewise the parents themselves first need to know the difference between right and wrong, proper and improper behaviour, before they can play a positive and constructive role in the upbringing of their children

They also need to even set their own examples before them to follow. This is a breakthrough book that will change the way you think about and practise discipline.

The book guides you on how to:

- \*Set the rules according to age
- \*Produce a conducive atmosphere at home
- \*Listen to their problems
- \*Establish a bond of love and trust
- \*Deal with children's need of privacy
- \*Protect them from inappropriate behaviour of parents
- \*Avoiding conflict amongst themselves
- \*Improve communication with the child, explaining to the child the outcome of his/her behaviour
- \*Effect the system of reward or punishment
- \*Learn the ways to relax physically and mentally to cope with a child's reasoning

The book is especially produced for current environment where the parent-child relationship has undergone a major change covering every stage from early childhood to difficult adolescence.



About the author:

Juhi Aggarwal, M.Sc, M.Ed has been in the field of education for over two decades, interacting with children of different age groups and backgrounds.

She is a dedicated homemaker living in a close-knit joint family. A mother of two energetic and well-adjusted teenagers, she shares her experiences and techniques of bringing up well-disciplined children.

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Ways to Relax and Cope with



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Child Rearing (7 Techniques)

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