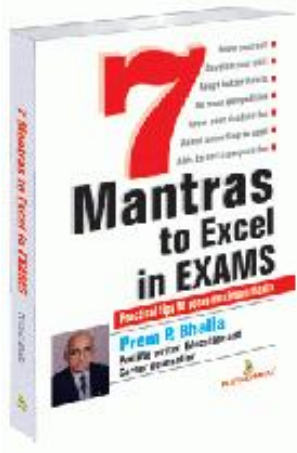




7 Mantras To Excel In Exams



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Exams play a major role in the lives of not just during academic pursuits, but later in the career too.

Although youngsters are taught a variety of subjects to equip them for life in general, no school teaches them how to excel in exams.

Most learn only through trial and error. Others remain clueless about how to excel in exams throughout their lives.

But this crucial information can ensure that even those with average IQ excel in exams.

This book contains simple and practical tips and guidelines on how to tap your full potential and give off your best during exams.

An invaluable guide for all students and adults due to appear in exams. As well as for parents who wish to ensure their children do well and secure maximum marks.

The book offers simple guidelines on:

- *Improving memory
- *Maximising Concentration
- *Adopting effective study habits and techniques
- *Developing proper reading, listening, language and communication skills
- *Doing well in different kinds of exams
- *Understanding what the examiner wants
- *Overcoming exam anxiety and tension

About the author:



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Educated in Dehra Dun and New Delhi, Prem P. Bhalla enjoys photography and travelling, having travelled widely in India and abroad.

Besides running his own business, he is deeply involved with several social welfare and educational institutions. The author has also been involved with the Rotary movement for 40 years.

Mr Bhalla has written several self-improvement books and is particularly interested in the welfare of youngsters. The author gives group lectures on personality and career development too.

He has also authored Teens to Twenties, The Portrait of a Complete Man and Hello! Just Married or About to Marry, as well as co-authored The Book of Etiquette and Manners, all published by Pustak Mahal and well appreciated by the masses.

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