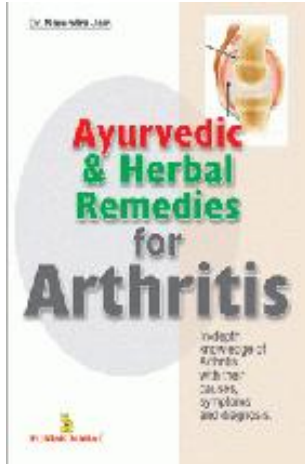




Ayurvedic & Herbal Remedies For Arthritis



Author: Dr. Narendra Jain
Format: Paperback
ISBN: 8122309194
Code: 9094E
Pages: 190
Price: Rs. 96.00 US\$ 4.00

Publisher: Pustak Mahal
Usually ships within 15 days

The book, Ayurvedic and Herbal Remedies for Arthritis provides an in-depth knowledge of Arthritis with their causes, symptoms and diagnoses. It primarily focuses on the use of Ayurvedic and Herbal medicines in the treatment of Arthritis and allied conditions. The important aspect of this book is that it takes care to give a detailed description of the herbs available in India and outside India. Hence, the readers from all over the world will find this book interesting and valuable in curing the problems of Arthritis and allied conditions.

More than 35 herbs are mentioned in this book on the basis of their therapeutic value. Monograph of the plants are also given so that the common man can identify them easily. The uniqueness of this book is its special reference on Yoga asanas (with illustrations), Allopathic drugs and pathological tests that are used in the treatment of Arthritis.

Contents

- Introduction
- Part - I : Anatomy of Bones and Arthritis - Its Causes, Symptoms and Diagnosis
 - 1. Anatomy of Bones
 - 2. Rheumatoid Arthritis (RA)
 - 3. Osteoarthritis
 - 4. Gout
 - 5. Ankylosing Spondylitis Syn: Rheumatoid Spondylitis or Marie Strumpell Disease
 - 6. Sciatica
- Part - II : Ayurvedic and Herbal Medicines in Arthritis
 - 7. Ayurveda
 - 8. Herbal Medicines
- Part - III : Yoga and Diet to Cure Arthritis
 - 9. Yoga Therapy
 - 10. Nutritional Therapy
- Part - IV : Allopathic Drugs and Pathological Tests
 - 11. Allopathic Medicines
 - 12. Test For Arthritis and Spondylitis
- Part - V : Different Names of Common Herbs
 - 13. Common Herbs
- Glossary

[About Pustakmahal Publishers](#)



Pustakmahal Publishers

Pustak Mahal publishes an extensive range of books that are both affordable and high-quality.