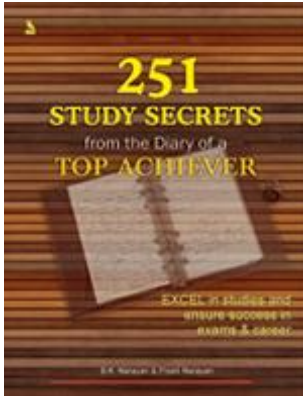




251 Study Secrets From The Diary Of A Top Achiever



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251 Study Secrets from the Diary of a Top Achiever provides you 251 easy methods and tricks to achieve top success in studies - without stress and tension. This unique 'quick help' book for students deals with all the topics that are important for your study success. Here are some of those topics:

- * Confidence
- * Motivation
- * Choosing Career
- * Fixing Goal in Mind
- * Increasing Brainpower
- * Program to Succeed
- * Concentration
- * Managing Time
- * Becoming Healthy
- * Learning More in Class

This book is written in short, concise form so that you can read fast, learn quickly, and use instantly! If you need more help visit: www.mindpowerguide.biz

About the Author

B. K. NARAYAN has been conducting Mind Training Programs for students, parents, and business executives, since 1993. He has been studying and conducting research in the field of Mind Training since 1968, while serving as a civil engineer.

His Eleven Steps for Great Success in Examinations, one of his workshop topics, has been greatly appreciated by teachers, parents, and students.

In 1997 Narayan designed Simplified Mind Programming, a Home Study Course for complete Self-development for students. A revised and enlarged edition of this life-changing course is now available as Success Mindware™ at the web site: www.mindpowerguide.biz

PREETI NARAYAN, daughter of B.K. Narayan, is a vivid user of Mind Programs. She has used mind programs to transform herself from an average student to top achiever.

Preeti cleared her Masters in Science, in second merit at university level. Then she became one of the very few candidates from her University to clear the National Entrance Test (NET) in Life Sciences.

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EXCERPT FROM THE BOOKS:

2 Secrets to Revise Effectively

1. Use a smart revision schedule and cut down the time and effort required to master studies.

Experiments have shown that most students forget about 80 per cent of what they learn within 24 hours. Sounds like a horror story? To avoid being a victim, use this smart revision schedule:

* 1st revision: When you finish learning a new lesson, revise it immediately, within ten minutes of the first learning it.

* 2nd revision: Revise again before going to bed on the same day or next morning.

The two revisions are essential to remember better. After this, you can revise once a week, then once a month, or as frequently as you need, till the exams. Revise difficult lessons more frequently.

All this sounds like too much revision. But since the time gap between each revision is less, you can do it quickly, learn better, and score higher! So start using it NOW.

2. Use correct revision techniques to save time and effort.

You don't have to read your entire lesson word for word every time you revise, if you have understood it clearly. Just glance through each page and quickly read important points, sentences or key words.

You can do this quick revision, if you have prepared good notes or a list of keywords or 'mind map notes'(you will learn this in the chapter 11 Secrets to Multiply Memory Power.)

Also, look at the sketch, table or graph, if given during revision. You can also practise the diagram by drawing it quickly. Similarly, you can solve some maths or physics problems as practise.

But remember, you can do fast revision of important points or other information only when you follow this revision schedule. If you learn a new lesson today and revise it after a few weeks or months, you will not remember it as much. And you will have to study the entire lesson again, which requires more time and effort!

So follow the smart revision schedule and save time and energy.

About Pustakmahal Publishers

Pustak Mahal publishes an extensive range of books that are both affordable and high-quality.